

Essential Oil Cleaning Recipes

ALL PURPOSE CLEANER

Ingredients

¼ cup white vinegar
1 ¾ cups water
30 drops Eucalyptus, Peppermint and Wild Orange

Instructions

Add all ingredients to 16-ounce spray bottle. Shake thoroughly.

STOVE TOP CLEANER

Ingredients:

¼ cup baking soda
¼ cup table salt
1 tablespoon apple cider vinegar
2 tablespoons water
4-5 drops of Purify Cleansing Blend

Instructions:

Stir all ingredients together until they form a paste and spread it over the stove top. Leave it on for 15 minutes or longer for hard-to-remove stains. Using a sponge, scrub the mixture into the grime. Remove excess cleaner and wipe surface clean.

WOOD POLISH

Ingredients:

¼ cup olive oil
¼ cup vinegar
10 drops essential oils (Wild Orange or Lemon)

Instructions:

Add olive oil and vinegar to glass spray bottle. Add 10 drops of essential oil. Shake well before each use. Apply to microfiber cloth and wipe wood surfaces clean. Repeat every 2-3 months or as often as needed.

GLASS CLEANER

Ingredients

16-ounce spray bottle
1 ½ cup white vinegar
½ cup distilled water
8 drops citrus oil of choice

Instructions

Add vinegar, water, and essential oil(s) to spray bottle and shake. Clean surfaces

BATHROOM CLEANER

Ingredients:

¾ cup baking soda
¼ cup liquid castile soap
1 tablespoon water
1 tablespoon vinegar
5-10 drops lemon essential oil

Instructions:

In a bowl combine baking soda, castile soap and water, then stir. Add vinegar and essential oil and mix into a soft paste. Apply and let it for 5-10 minutes before scrubbing off. Store in an airtight container.

WASHING MACHINE CLEANER

Run a mixture of Lemon oil, baking soda, vinegar, and water through your empty machine on the hottest setting to break up dirt build-up and mildew.

Scrub any excess with a sponge, then run the machine again with fresh water.

